

PRINCIPAL: DALE MARTENS TELEPHONE: (204) 434-6165 FAX: (204) 434-6159

BOX 550 GRUNTHAL, MB R0A 0R0

2019-2020 Class Supply List for all Students

MEET THE TEACHER NIGHT event on Tuesday, September 3rd from 4:30 - 5:30, <u>before</u> the first day of school.

Dear Parents,

Last year our grade 4 teachers bought most of their students' supplies and according to the PAC, was well received by the parents. In response to parents' requests, our teachers will be purchasing all student supplies (with the exception of the few items below).

The amount, which is not to exceed \$30, will be charged to your child's account in Parent Portal before September 3rd.

You may submit payment via:

- credit card on PP
- or cash/cheque, clearly labeled with your child's name and homeroom on September 3rd
- if the latter, submit payment to homeroom teacher or the office

Please provide the following for your child:

- 2 boxes of Kleenex (one for the music room)
- backpack
- lunch kit & water bottle
- outdoor shoes and gym runners (see requirement on page 2)
- Grade 4's only: Payment for 1 Soprano recorder we will be mass-ordering them in September, so please do not buy them until we send you a notice to pay for them.

The first day of school for the 2019-2020 school year is Wednesday, September 4th.

Sincerely,

Mr. Dale Martens

Required Gym Shoes at South Oaks

Proper Running Shoes are a very important part of being prepared to participate in gym class. There are thousands of different styles and brands to choose from based on the type of shoe you are looking for and what price you want to pay.

Here are some guidelines to help make good choices for your child's safety and enjoyment in gym class.

Do's and Don'ts

- 1) **Buy shoes that fit.** If you want to buy big for next year, make sure it is only a ½-1 size difference. Even 1 size too big can hinder performance.
- 2) **Buy Athletic shoes,** especially for older kids. Shoes that are "casual" or designed for skateboarding hinder performance due to the non-flexibility of the sole.
- 3) **Buy Velcro shoes** for young kids who are not tying laces properly (Gr. K-2). Velcro shoes are effective at staying tight and won't take long to do up. Some children spend most of the warm up game tying their shoes.
- 4) **Don't buy zippered, skateboard or slip on shoes**. As soon as a child runs, slip on shoes come down or slip off due to flexion of the foot. This has caused many unsafe situations where a shoe comes off while running and socks are very slippery. These shoes often do not fit so a kick will send them flying toward other students.

Please use this guide when buying gym shoes for next year and this will help keep your son/daughter safe in gym.

Thanks,

Physical Education Instructor