

South Oaks Elementary School

Where we care to learn and learn to care

DALE MARTENS PRINCIPAL

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1MC Supply List 2018 - 2019 Welcome to Grade One!

Please send the following school supplies with your child to our MEET THE TEACHER NIGHT event on Tuesday, September 4th from 4:30-5:30 pm., <u>before</u> the first day of school:

- o 1 8 pack Crayola* **fine** tipped washable markers (original colours)
- o 1 8-10 pack Crayola* **broad** tipped markers (original colours)
- o 1 24 pack pencil crayons, sharpened(Staedtler or Laurentian*)
- o 1 pencil sharpener with a cover
- o 3 large glue sticks (UHU* brand)
- o 1 bottle of white glue (150g)
- o 3 white erasers
- o 1 16 or 24 colour Crayola* Washable Watercolour paint pallet
- o 1-2 or 4 pack EXPO* Low Odor Fine Tip black dry erase markers
- o 1 refillable water bottle with an easy close lid (optional)
- o 1 school bag
- o 1 pair running shoes with NON-MARKING soles. (Please see page 2)
- o 1 two-pocket folder for music (NO duotangs please)

 Please label with your child's name on the FRONT, top right corner

For the classroom:

- o 3 boxes of Kleenex
- o 1 box Band-Aids

Please label <u>only</u> the following supplies:

Music folder, school bag and running shoes.

EXTRA SUPPLIES WILL BE STORED AND USED IN THE CLASSROOM AS NEEDED

*brand suggestions are made based on our experience and how the product performs in the classroom

The first day of school for the 2018-2019 school year is Wednesday, September 5th. Have a wonderful summer and I look forward to meeting you in the fall!

All K-Grade 4 Supply Letters are also posted on our school website at: http://southoaks.hsd.ca

Required Gym Shoes at South Oaks

Proper Running Shoes are a very important part of being prepared to participate in gym class. There are thousands of different styles and brands to choose from based on the type of shoe you are looking for and what price you want to pay.

Here are some guidelines to help make good choices for your child's safety and enjoyment in gym class.

Do's and Don'ts

- 1) **Buy shoes that fit.** If you want to buy big for next year make sure it is only a ½-1 size difference. Even 1 size too big can hinder performance.
- 2) **Buy Athletic shoes:** Especially for older kids. Shoes that are "casual" or designed for skateboarding hinder performance due to the non-flexibility of the sole.
- 3) **Buy Velcro shoes** for young kids who are not tying laces properly (Gr. K-2). Velcro shoes are effective at staying tight and won't take long to do up. Some children spend most of the warm up game tying their shoes.
- 4) **Don't buy zippered, skateboard or slip on shoes**. As soon as a child runs, slip on shoes come down or slip off due to flexion of the foot. This has caused many unsafe situations where a shoe comes off while running and socks are very slippery. These shoes often do not fit so a kick will send them flying toward other students.

Please use this guide when buying gym shoes for next year and this will help keep your son/daughter safe in gym.

Thanks!

Ken Friesen Physical Education Instructor