



South Oaks Elementary School

*Where we care to learn
and learn to care*

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PRINCIPAL

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2018-2019 Class Supply List 3JH

Please send the following school supplies with your child to our **MEET THE TEACHER NIGHT** event on Tuesday, September 4th from 4:30 – 5:30, before the first day of school.

- 2 - two-pocket folders (**one for music, no duotangs please**)
- 5 duotangs (1 blue, 1 green, 1 red, 1 black, 1 yellow)
- 1 yellow highlighter
- 1 - 24 pack pencil crayons (Staedtler, Laurentian **or** Crayola), sharpened
- 1 - pack Crayola washable markers original colours
- 4 - EXPO low odor **Fine-tip black** dry-erase markers
- 3 - **large UHU** glue sticks (21ml)
- 4 - **soft white** erasers (no holders please)
- 2 - **large** boxes of Kleenex
- 1 - large box of bandaids
- 1 - school bag
- 1 - pair of gym shoes, non marking

**Please label only the following supplies:
music folder, school bag, and running shoes**

Mrs. Joelle Heier 3JH

All K-Grade 4 Supply Letters are also posted on our school website at: <http://southoaks.hsd.ca>

Your child's first day of school is Wednesday, September 5, 2018.

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Required Gym Shoes at South Oaks

Proper Running Shoes are a very important part of being prepared to participate in gym class. There are thousands of different styles and brands to choose from based on the type of shoe you are looking for and what price you want to pay.

Here are some guidelines to help make good choices for your child's safety and enjoyment in gym class.

Do's and Don'ts

- 1) **Buy shoes that fit.** If you want to buy big for next year make sure it is only a ½-1 size difference. Even 1 size too big can hinder performance.
- 2) **Buy Athletic shoes:** Especially for older kids. Shoes that are “casual” or designed for skateboarding hinder performance due to the non-flexibility of the sole.
- 3) **Buy Velcro shoes** for young kids who are not tying laces properly (Gr. K-2). Velcro shoes are effective at staying tight and won't take long to do up. Some children spend most of the warm up game tying their shoes.
- 4) **Don't buy zippered, skateboard or slip on shoes.** As soon as a child runs, slip on shoes come down or slip off due to flexion of the foot. This has caused many unsafe situations where a shoe comes off while running and socks are very slippery. These shoes often do not fit so a kick will send them flying toward other students.

Please use this guide when buying gym shoes for next year and this will help keep your son/daughter safe in gym.

Thanks,

Physical Education Instructor